

1. A device for supporting the head and neck of a user while the user is asleep in the seat of a vehicle, the user having a lower back part of a head known as the occiput which extends to the user's cervical spine having a lordotic curve and which further extends to the user's thoracic spine, the user also having ears with a mastoid bone behind each respective ear and the user having an upper thoracic back and shoulder blades, the device comprising:

5 a. a front surface and a rear surface, and an upper portion including a front center section which has a backwardly extending curve and surrounded by a front left widened portion to one side of the front center section and a symmetrical front right widened portion at the opposite side of the front center section, the front center section fitting behind the lower back part of the user's head and curved to match the occiput, the front left widened portion and the front right widened portion respectively fitting behind the user's left and right ears so that the front left widened portion is designed to match the mastoid bone behind the left ear and the front right widened portion is designed to match the right mastoid bone behind the right ear;

10 b. a front neck portion in which the front left widened portion and the front right widened portion curve inwardly toward each other as they extend downwardly on the device while the front center section curves forwardly in a convex shape between the inwardly curving front left and right widened portions, the front neck portion designed to support the lordotic curve of the user's cervical spine;

15 c. a front lower section having a concave central portion extending below the front convex center section of the front neck portion and a front flat lower area extending below the concave center portion and extending to the left and right side of the first lower section, the first lower section designed to abut against the upper thoracic portion of the user's spine, the device terminating in a front lower central tip which is designed to fit behind the middle of the user's back between the user's shoulder blades;

20 d. a rear post extending from the rear surface of the upper center section to the rear

surface of the lower center section; and

- e. a strap attached to the device.

2. The device in accordance with Claim 1, wherein the device is manufactured out of molded plastic.
3. A device for supporting the head and neck of a user while the user is asleep in the seat of a vehicle, the user having a lower back part of a head known as the occiput which extends to the user's cervical spine having a lordotic curve and which further extends to the user's thoracic spine, the user also having ears with a mastoid bone behind each respective ear and the user having an upper thoracic back and shoulder blades, the device comprising:
  - a. a front surface and a rear surface, and an upper portion including a front center section which has a backwardly extending curve and surrounded by a front left widened portion to one side of the front center section and a symmetrical front right widened portion at the opposite side of the front center section, the front center section fitting behind the lower back part of the user's head and curved to match the occiput, the front left widened portion and the front right widened portion respectively fitting behind the user's left and right ears so that the front left widened portion is designed to match the mastoid bone behind the left ear and the front right widened portion is designed to match the right mastoid bone behind the right ear;
  - b. a front neck portion in which the front left widened portion and the front right widened portion curve inwardly toward each other as they extend downwardly on the device while the front center section curves forwardly in a convex shape between the inwardly curving front left and right widened portions, the front neck portion designed to support the lordotic curve of the user's cervical spine;
  - c. a front lower section having a concave central portion extending below the front convex center section of the front neck portion and a front flat lower area

extending below the concave center portion and extending to the left and right side of the first lower section, the first lower section designed to abut against the upper thoracic portion of the user's spine, the device terminating in a front lower central tip which is designed to fit behind the middle of the user's back between the user's shoulder blades; and

- d. a rear post extending from the rear surface of the upper center section to the rear surface of the lower center section.

4. The device in accordance with Claim 1, wherein the device is manufactured out of molded plastic.

5. A device for supporting the head and neck of a user while the user is asleep in the seat of a vehicle, the user having a lower back part of a head known as the occiput which extends to the user's cervical spine having a lordotic curve and which further extends to the user's thoracic spine, the user also having ears with a mastoid bone behind each respective ear and the user having an upper thoracic back and shoulder blades, the device comprising:

- a. a front surface and a rear surface, and an upper portion including a front center section which has a backwardly extending curve and surrounded by a front left widened portion to one side of the front center section and a symmetrical front right widened portion at the opposite side of the front center section, the front center section fitting behind the lower back part of the user's head and curved to match the occiput, the front left widened portion and the front right widened portion respectively fitting behind the user's left and right ears so that the front left widened portion is designed to match the mastoid bone behind the left ear and the front right widened portion is designed to match the right mastoid bone behind the right ear;

- b. a front neck portion in which the front left widened portion and the front right widened portion curve inwardly toward each other as they extend downwardly on

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the device while the front center section curves forward in a convex shape between the inwardly curving front left and right widened portions, the front neck portion designed to support the lordotic curve of the user's cervical spine; and

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- c. a front lower section having a concave central portion extending below the front convex center section of the front neck portion and a front flat lower area extending below the concave center portion and extending to the left and right side of the first lower section, the first lower section designed to abut against the upper thoracic portion of the user's spine, the device terminating in a front lower central tip which is designed to fit behind the middle of the user's back between the user's shoulder blades.

- 6. The device in accordance with Claim 5, also further comprising a rear post extending from the rear surface of the upper center section to the rear surface of the lower center section.
- 7. The device in accordance with Claim 5, also comprising a strap attached to the device.